

Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 1

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017															
9-12 LUNCH															
TACO BEEF SOFT (2):HSOHC OHPA	Total SERV 2	341	32	878	2.85	2.61	392.9	196	0.13	*2	21.56	30.88	14.86	5.85	*0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP VEGETARIAN HS 10INCH	WRAP	403	32	1040	4.83	2.12	690.4	560	8.35	4	22.6	38.61	18.02	8.32	0.00
SUB COLD IT GFS NIC SUB HSO	SAND	318	39	958	4.10	2.84	148.9	167	2.17	6	22.66	33.56	10.48	3.19	0.15
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPP:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
BEANS REFRIED: VEG GFS 1839	1/2 CUP	189	0	669	10.10	2.27	50.5	0	1.52	0	10.1	31.57	1.89	0.63	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Planned Menu Spreadsheet

Portion Values - Detailed

Page 3

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017															
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP ACOMM	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SOUR CREAM GFS 285218 OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		617	27	3385	11.16	3.68	576.0	1890	30.43	*35	27.93	99.51	11.87	4.27	*0.01
% of Calories										*22.5%	18.1%	64.5%	17.3%	6.2%	*0.0%
Nutrient Guideline		750-850		1420										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/02/2017															
9-12 LUNCH															
SAND HOT GRILL CHICKEN RAN NIC	Total SAND	333	62	885	2.09	2.21	131.1	43	1.36	5	23.51	29.22	13.17	1.64	0.14
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
POTATO AU GRATIN 118575	SERV (1/2 CUP)	134	0	605	2.02	0.36	44.4	116	6.05	2	2.02	22.2	4.06	0.46	0.69
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00

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Tue - 05/02/2017															
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP														
	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	2TBSP														
OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
Weighted Daily Average		617	29	2058	9.15	2.96	473.1	33793	46.80	*38	23.74	101.45	13.97	2.78	0.49
% of Calories										*24.6%	15.4%	65.8%	20.4%	4.1%	0.7%
Nutrient Guideline		750-850		1420										<10.00	

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Wed - 05/03/2017															
9-12 LUNCH															
FAJITA CHICK GFS/PACOMM M SHS	Total 1 EACH	310	61	576	3.21	1.78	282.7	350	1.25	2	19.73	31.24	11.76	4.48	0.00
ONIONS CARAMELIZED	1/4 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
PEPPERS GREEN MRKN GFS59	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
2315 O															
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
9044 O															
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
32486															
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
OHPA															
CORN AND BLACK BEAN W/CILA	1/2 CUP	110	0	257	3.02	0.84	15.9	468	20.04	*5	3.89	20.84	2.06	0.09	*0.00
NTRO															
BEANS REFRIED: VEG GFS 1839	1/2 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
HPA															
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 7

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017															
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP ACOMM	1/4 CUP	23	0	70	0.85	1.40	7.5	343	2.5	4	0.94	4.37	0.0	0.00	0.00
SOUR CREAM GFS 285218 OHPA	1 OZ	55	18	46	0.00	0.00	0.0	183	0.0	1	0.0	1.83	5.49	3.20	0.00
Weighted Daily Average		614	33	1764	10.03	3.43	480.1	2378	49.87	*45	23.54	104.44	13.04	3.80	*0.01
% of Calories										*29.5%	15.3%	68.1%	19.1%	5.6%	*0.0%
Nutrient Guideline		750-850		1420											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 8

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017															
9-12 LUNCH															
SAND HOT BEEF BBQ PTY ALL NI	Total SAND	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
BROCCOLI STEAM GFS OHPA	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
APPLESAUCE CND KNOUSE OHP	1/2 CUP	90	0	10	2.00	0.00	0.0	90	0.0	18	0.0	22.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 9

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017															
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SOUR CREAM GFS 285218 OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BACON BITS REAL GFS OHPA	1 OZ	162	40	506	0.00	0.00	0.0	0	0.0	0	8.1	0.0	14.17	4.05	0.00
HAM TURKEY SLICED:0.5M	1 oz	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		563	42	1160	7.92	1.63	411.0	1818	31.35	*37	21.74	81.83	17.18	4.68	0.01
% of Calories										*26.3%	15.4%	58.1%	27.5%	7.5%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 10

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017															
9-12 LUNCH															
SAND HOT GRILL BAC CHD RNC NIC	Total SAND	439	53	977	2.04	3.23	273.5	165	0.08	5	24.39	30.26	22.96	8.32	0.07
TOMATO DICED	1/4 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
LETTUCE SHRED	1/4 cup	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
PICKLE DILL SLCD 446815	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ONIONS RED DICED	1 TBSP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
POTATO FRE FRIES MCCAIN OH PA	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 11

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017															
OHPA															
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	2TBSP														
OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
Weighted Daily Average		723	50	2224	7.92	4.34	585.7	27456	38.41	*37	32.67	98.62	21.63	7.21	0.05
% of Calories										*20.5%	18.1%	54.6%	26.9%	9.0%	0.1%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 12

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/08/2017															
9-12 LUNCH															
SAND BRKFST BISCUIT SAUSAG :K12	1 sandwich	269	30	558	1.99	1.43	169.2	0	0.0	*N/A*	9.98	26.86	13.95	9.95	0.00
EGG PATTY SINGLE 1 MEAT ALT	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUSAGE PTY CKD 1 mt 277722	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
POTATO TATER TOT 141510	1/2 CUP	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PEACHES DICED CND 633662 O HPA	1/2 CUP	46	0	9	0.00	0.00	0.0	279	1.12	9	0.0	11.15	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 13

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/08/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SYRUP PANCAKE 4/1GAL 131857	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		594	25	1725	8.32	2.13	461.8	1970	34.52	*31	20.87	92.75	16.06	5.69	0.01
% of Calories										*20.9%	14.1%	62.5%	24.3%	8.6%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017															
9-12 LUNCH															
SUB HOT MEATBL HS SUB NICK OH	1 EACH	235	6	696	5.54	2.39	111.4	175	3.0	9	13.0	38.72	3.76	1.12	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL SANDWIC	1 EACH	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
CARROTS CITRUS GLAZED	1/2 cup	53	0	76	2.84	0.90	32.1	13456	7.84	8	0.63	12.53	0.12	0.02	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 15

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:08 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017															
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
CHEESE PARM SHRD 269400 1O	1 OZ	40	10	100	0.00	0.00	80.0	0	0.0	0	8.0	0.0	2.0	2.00	0.00
Weighted Daily Average		490	21	1560	8.62	2.64	473.5	42486	44.66	*42	20.96	88.97	6.64	2.77	0.01
% of Calories										*34.3%	17.1%	72.6%	12.2%	5.1%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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May 1, 2017 thru May 26, 2017

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9-12 LUNCH

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009 - WYNFORD 9-12 LUNCH

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017															
9-12 LUNCH															
STIR FRY GEN TSO CHIX	Total SERV (2C)	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT SOUTHW: HS OHPA	PORTION	322	52	472	3.76	3.42	257.2	7054	25.17	6	22.75	29.7	11.26	3.07	0.00
COMM															
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP CHICK BLT HSONLY 10INC	1 EACH	350	49	548	3.83	2.19	359.4	1144	5.7	3	23.12	32.51	13.06	5.34	0.00
SUB COLD TURKEY/ HAM NICKO HCO	1 EACH	235	48	729	*3.00	*1.48	210.2	134	0.0	*0	18.57	26.9	8.42	3.22	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG DADDY BOLD CHEESE	SLICE	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG DADDY BOLD PEPP 8	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
BROCCOLI STEAM GFS OHPA	1/2 cup	20	0	14	1.36	0.00	13.6	7	20.47	1	0.68	2.73	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 17

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017															
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		355	16	985	*5.10	*1.09	398.6	10367	36.45	*27 *30.0%	14.23 16.0%	63.18 71.2%	4.84 12.3%	1.62 4.1%	0.01 0.0%
Nutrient Guideline		750-850		1420											<10.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 18

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017															
9-12 LUNCH															
FRENCH TST STICKS GFS 61120	Total SERVING (315	15	418	2.00	0.36	0.0	372	0.0	22	6.0	62.0	4.5	0.50	0.00
SAUSAGE LINK FC 791481 GFS	SERVING	190	30	260	0.00	0.36	0.0	0	0.0	0	6.0	0.0	18.0	7.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP CHICK BLT HSONLY 10INC	1 EACH	350	49	548	3.83	2.19	359.4	1144	5.7	3	23.12	32.51	13.06	5.34	0.00
SUB COLD TURKEY/ HAM NICKO HCO	1 EACH	235	48	729	*3.00	*1.48	210.2	134	0.0	*0	18.57	26.9	8.42	3.22	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
PIZZA BIG DADDY BOLD CHEESE	SLICE	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG DADDY BOLD PEPP 8	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC ALL	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
SAUCE PIZZA SAUCE AS SIDE	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
POTATO ROUNDS (TOTS) OHCO MM	1/2 CUP	120	0	260	2.00	0.36	0.0	0	1.2	0	2.0	14.0	6.0	1.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 19

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017															
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP														
	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	2TBSP														
OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SYRUP PANCAKE 4/1GAL 131857	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		777	45	1889	*7.53	*2.38	405.1	27525	36.88	*45	23.95	114.68	24.23	7.64	0.01
% of Calories										*23.3%	12.3%	59.0%	28.1%	8.8%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017															
9-12 LUNCH	Total														
SPAGHETTI & MT SCE ELMSJTM SAUC	1 1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
MARGARINE 542121 PC GFS	1 EACH	25	0	40	0.00	0.00	0.0	187	0.0	0	0.0	0.0	2.5	0.50	0.00
WRAP CHICK BLT HSONLY 10INC	1 EACH	350	49	548	3.83	2.19	359.4	1144	5.7	3	23.12	32.51	13.06	5.34	0.00
SUB COLD TURKEY/ HAM NICKO HCO	1 EACH	235	48	729	*3.00	*1.48	210.2	134	0.0	*0	18.57	26.9	8.42	3.22	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG DADDY BOLD CHEESE	SLICE	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG DADDY BOLD PEPP 8	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
ALL															
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
CARROTS CITRUS GLAZED	1/2 cup	53	0	76	2.84	0.90	32.1	13456	7.84	8	0.63	12.53	0.12	0.02	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 21

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
CHEESE PARM SHRD 269400 1O	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		446	17	1409	*7.62	*2.40	438.3	21862	38.27	*36	16.89	80.02	7.02	2.04	0.01
% of Calories										*32.2%	15.2%	71.8%	14.2%	4.1%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 22

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017															
9-12 LUNCH															
TURKEY RST RTC USDA A537 O HPAC	Total 3 OZ	134	46	586	0.00	1.40	3.0	0	0.0	0	18.35	2.64	4.98	1.64	0.00
ROLL DINNER 1 EA/1GR KLOS	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
WRAP CHICK BLT HSONLY 10INC	1 EACH	350	49	548	3.83	2.19	359.4	1144	5.7	3	23.12	32.51	13.06	5.34	0.00
SUB COLD TURKEY/ HAM NICKO HCO	1 EACH	235	48	729	*3.00	*1.48	210.2	134	0.0	*0	18.57	26.9	8.42	3.22	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPP:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
ALL															
SAUCE PIZZA SAUCE AS SIDE	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
POTATO MASHED:instant GFS O HPA	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1	1.63	17.09	1.22	0.81	0.00
GRAVY CHICKEN MIX LEGOUT OHPA	2 oz ladle	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 23

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017															
O OHPA															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP														
	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	2TBSP														
	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
Weighted Daily Average		490	21	1492	*6.37	*1.84	426.7	1876	35.14	*38	18.51	85.88	8.10	2.71	0.01
% of Calories										*31.1%	15.1%	70.0%	14.9%	5.0%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017															
9-12 LUNCH															
NACHOS BFAND CHS MSHS JAL A CHS	Total SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
MARGARINE 542121 PC GFS	1 EACH	25	0	40	0.00	0.00	0.0	187	0.0	0	0.0	0.0	2.5	0.50	0.00
WRAP CHICK BLT HSONLY 10INC	1 EACH	350	49	548	3.83	2.19	359.4	1144	5.7	3	23.12	32.51	13.06	5.34	0.00
SUB COLD TURKEY/ HAM NICKO HCO	1 EACH	235	48	729	*3.00	*1.48	210.2	134	0.0	*0	18.57	26.9	8.42	3.22	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
ALL															
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
CORN/BL BEAN 6/2.5LB GFS 1637	1/2 CUP	147	0	200	5.33	1.44	26.7	667	12.0	5	5.33	25.33	3.33	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 25

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ACOMM															
SOUR CREAM GFS 285218 OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		545	16	1402	*10.09	*2.97	438.3	34073	49.41	*39	20.70	94.98	10.80	2.25	0.01
% of Calories										*28.7%	15.2%	69.7%	17.8%	3.7%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 26

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017															
9-12 LUNCH															
CHICKEN NUGGETS SEC OHPA TYSON	Total Serving (6 ea)	288	24	564	3.60	2.16	48.0	120	0.0	1	15.6	19.2	16.8	3.00	0.00
WAFFLE DUTCH 607351	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	*0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP CHICK SP HSONLY 10 INC	1 EACH	352	53	1105	3.83	2.31	359.4	1144	5.9	3	25.12	32.68	12.14	5.09	0.00
SUB COLD HAM/CHS SUB NICK MSON	1 EACH	241	34	885	3.00	1.88	192.4	172	0.0	5	16.49	27.16	7.98	3.20	0.01
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
ALL															
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
BEANS GREEN FZN KE GFS 360 191	1/2 CUP	22	0	0	1.50	0.36	30.0	100	3.0	1	0.5	3.5	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 27

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017															
O OHPA															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	2 TBSP														
	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	2TBSP														
	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
SALSA COMM REDGOLD	2 TBSP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SOUR CREAM GFS 285218 OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SYRUP PANCAKE 4/1GAL 131857	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		468	19	1728	7.09	1.98	435.0	27447	39.54	*36	17.79	80.33	8.51	2.30	*0.01
% of Calories										*30.5%	15.2%	68.7%	16.4%	4.4%	*0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 28

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017															
9-12 LUNCH															
SAND HOT PAN BBQ CHIXFLATB READ	Total SAND	272	51	878	2.00	4.06	40.0	177	0.0	*8	23.69	31.99	5.06	1.59	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP CHICK SP HSONLY 10 INC	1 EACH	352	53	1105	3.83	2.31	359.4	1144	5.9	3	25.12	32.68	12.14	5.09	0.00
SUB COLD HAM/CHS SUB NICK MSON	1 EACH	241	34	885	3.00	1.88	192.4	172	0.0	5	16.49	27.16	7.98	3.20	0.01
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+KOCH ALL	1 EACH	140	0	280	2.00	1.44	100.0	20	0.0	4	6.0	26.0	1.5	0.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC ALL	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
BROCCOLI STEAM GFS OHPA	1/2 cup	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BEANS REFRIED: VEG GFS 1839	1/2 CUP	189	0	669	10.10	2.27	50.5	0	1.52	0	10.1	31.57	1.89	0.63	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
APPLESAUCE CND KNOUSE OHP	1/2 CUP	90	0	10	2.00	0.00	0.0	90	0.0	18	0.0	22.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 29

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP	1/4 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
ACOMM															
Weighted Daily Average		698	50	2411	12.81	5.17	462.9	1947	29.78	*40	36.42	113.66	10.48	3.26	0.01
% of Calories										*23.1%	20.9%	65.1%	13.5%	4.2%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 30

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017															
9-12 LUNCH															
SAND HOT BEEF BBQ PTY ALL NI	Total														
SAND ENT CHEF: HS PA/OHPA	SAND	310	35	1160	3.00	3.24	120.0	220	1.2	14	18.0	39.0	8.5	3.00	0.00
ROLL DINNER 1EA/1GR WG NIC	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
WRAP CHICK SP HSONLY 10 INC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
SUB COLD HAM/CHS SUB NICK	1 EACH	352	53	1105	3.83	2.31	359.4	1144	5.9	3	25.12	32.68	12.14	5.09	0.00
MSON	1 EACH	241	34	885	3.00	1.88	192.4	172	0.0	5	16.49	27.16	7.98	3.20	0.01
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPP:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
ALL															
TOMATO CHERRY MRKN GFS19	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
9044 O															
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
32486															
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
OHPA															
POTATO MASHED:instant GFS O	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1	1.63	17.09	1.22	0.81	0.00
HPA															
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
HPA															
PEARS DICED LS GFS 775170 O	1/2 CUP	55	0	9	1.83	0.33	0.0	50	1.1	10	0.0	12.8	0.0	0.00	0.00
HPA															
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
O OHPA															

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 31

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
Weighted Daily Average		601	32	2158	8.66	3.35	479.4	1902	33.92	*37	25.17	98.50	11.49	3.80	0.01
% of Calories										*24.8%	16.8%	65.6%	17.2%	5.7%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 32

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017															
9-12 LUNCH															
	Total														
SAND GRILL CHEESE NIC ALL	1 sandwich	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP CHICK SP HSONLY 10 INC	1 EACH	352	53	1105	3.83	2.31	359.4	1144	5.9	3	25.12	32.68	12.14	5.09	0.00
SUB COLD HAM/CHS SUB NICK MSON	1 EACH	241	34	885	3.00	1.88	192.4	172	0.0	5	16.49	27.16	7.98	3.20	0.01
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPP1:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY NICK+TYSON	SANDWIC	370	20	770	5.00	3.24	140.0	20	0.0	*4	19.0	41.0	14.5	2.00	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC ALL	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
SOUP TOM CAMP GFS 101427 O HPA	1 CUP	107	0	574	1.19	0.86	3.5	476	7.14	14	2.38	23.79	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 33

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
SYRUP PANCAKE 4/1GAL 131857	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		439	18	1169	6.04	1.89	416.5	1982	33.21	*34	17.24	77.38	6.87	2.03	0.01
% of Calories										*31.3%	15.7%	70.5%	14.1%	4.2%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017															
9-12 LUNCH															
MAC AND CHEESE JTM 119122 H	Total	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SALAD ENT GREEK HS GFS OHP	1 CUP	279	54	653	2.03	4.03	108.5	2143	13.61	2	22.87	26.18	10.93	2.34	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SUB COLD TUR/CHZ SUB NICKH	1 EACH	302	52	983	4.00	2.57	259.2	264	3.66	*5	23.17	32.65	9.67	3.63	0.00
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
SAND HOT GRILL CHSBRG NIC ALL	1 EACH	350	40	880	2.00	2.88	320.0	320	0.0	5	25.0	31.0	12.5	5.50	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
BEANS GREEN FZN KE GFS 360 191	1/2 CUP	22	0	0	1.50	0.36	30.0	100	3.0	1	0.5	3.5	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 35

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
	2TBSP														
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
Weighted Daily Average		482	18	1494	8.27	2.33	445.5	33859	44.82	*37	18.26	84.07	8.69	2.32	0.01
% of Calories										*31.0%	15.2%	69.8%	16.2%	4.3%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 36

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/24/2017															
9-12 LUNCH															
	Total														
SAND HOT BBQ PORK SLIDER	2 EACH	318	33	1176	4.26	3.13	87.6	404	3.75	16	19.15	45.41	6.48	1.88	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP ITALIAN HS ONLY COMB O 10	WRAP	357	42	929	4.00	2.80	216.8	227	5.14	5	22.33	33.5	13.73	5.20	0.15
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19 9044 O	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7 32486	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902 OHPA	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
COLE SLAW CRMY PREP GFS 7 38166	1/2 CUP	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BEANS GREEN FZN KE GFS 360 191	1/2 CUP	22	0	0	1.50	0.36	30.0	100	3.0	1	0.5	3.5	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O HPA	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
PINEAPPLE GFS 116300 OHPA	1/2 CUP	60	0	10	1.00	0.36	0.0	42570	15.0	14	0.0	16.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO OHPA	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK STRAWBERRY FF TRUMO O OHPA	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 37

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:09 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/24/2017															
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING 2 TBSP	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ DISP HEINZ 2-1.5G H	2 TBSP	40	0	450	0.00	0.00	0.0	200	0.0	7	0.0	9.0	0.0	0.00	0.00
Weighted Daily Average		517	21	1652	8.88	2.68	440.2	33876	45.19	*40	19.94	90.41	8.98	2.32	0.01
% of Calories										*31.0%	15.4%	70.0%	15.6%	4.0%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 38

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017															
9-12 LUNCH															
	Total														
STIR FRY GEN TSO CHIX F.RICE	SERV (2C)	478	81	1659	7.16	3.55	67.3	3278	12.16	*16	24.93	70.36	10.28	2.41	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
MARGARINE 542121 PC GFS	1 EACH	25	0	40	0.00	0.00	0.0	187	0.0	0	0.0	0.0	2.5	0.50	0.00
SUB COLD IT GFS NIC SUB HSO	SAND	318	39	958	4.10	2.84	148.9	167	2.17	6	22.66	33.56	10.48	3.19	0.15
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
9044 O															
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
32486															
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
OHPA															
BROCCOLI STEAM GFS OHPA	1/2 cup	20	0	14	1.36	0.00	13.6	7	20.47	1	0.68	2.73	0.0	0.00	0.00
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
HPA															
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
O OHPA															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06
	2 TBSP														

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Bucyrus City Schools

Planned Menu Spreadsheet

Portion Values - Detailed

Page 39

May 1, 2017 thru May 26, 2017

9-12 LUNCH

009 - WYNFORD 9-12 LUNCH

Generated on: 2/22/2017 2:02:10 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017															
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270 OHPA	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
SALSA LOSOD USDA A237 OHP ACOMM	1/4 CUP	23	0	70	0.85	1.40	7.5	343	2.5	4	0.94	4.37	0.0	0.00	0.00
SOUR CREAM GFS 285218 OHPA	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		734	69	2886	10.85	4.69	442.0	4214	49.08	*48 *26.1%	32.11 17.5%	122.85 67.0%	11.93 14.6%	3.20 3.9%	0.01 0.0%
Nutrient Guideline		750-850		1420										<10.00	

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Bucyrus City Schools

May 1, 2017 thru May 26, 2017

Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 40

Generated on: 2/22/2017 2:02:10 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/26/2017															
9-12 LUNCH															
	Total														
SAND HOT SLOPPY JOE:K12-JTM	1 sandwich	292	40	682	6.77	3.60	89.1	2407	18.7	*4	20.73	37.8	8.24	2.38	0.00
SALAD ENT CHEF: HS PA/OHPA	PORTION	277	42	771	2.37	2.55	250.2	2569	21.97	4	21.75	27.82	9.77	3.21	0.00
ROLL DINNER 1EA/1GR WG NIC	1 EACH	40	0	70	1.00	0.36	10.0	2	0.0	1	1.5	7.5	0.5	0.00	0.00
WRAP VEGETARIAN HS 10INCH	WRAP	403	32	1040	4.83	2.12	690.4	560	8.35	4	22.6	38.61	18.02	8.32	0.00
SUB COLD IT GFS NIC SUB HSO	SAND	318	39	958	4.10	2.84	148.9	167	2.17	6	22.66	33.56	10.48	3.19	0.15
SAND COLD PBJ NICK+OHPA AL	1 EACH	409	15	474	5.77	2.08	257.7	293	0.0	19	19.2	43.09	20.29	5.27	0.00
PIZZA BIG D CHEESE:8cut OHPA	1 EACH	390	35	730	4.00	2.70	350.0	500	0.0	7	19.0	43.0	17.0	7.00	0.00
PIZZA BIG D PEPPI:8cut OHPA	1 EACH	423	42	841	4.00	2.74	350.0	501	0.0	7	20.34	43.12	19.92	8.09	0.00
CHICKEN PTY SP NICK+TYS ALL	SANDWIC	410	25	680	5.00	4.14	140.0	120	0.0	5	21.0	43.0	16.5	3.00	0.00
HAMBURGER OHCOMM+NICK H	1 EACH	302	44	530	3.00	3.44	125.0	20	0.0	4	19.0	28.0	12.5	4.30	0.00
TOMATO CHERRY MRKN GFS19	1/2 CUP	31	0	15	1.49	0.54	0.0	746	26.87	4	0.0	5.97	0.0	0.00	0.00
9044 O															
CELERY STICKS RAW GFS 78159	1/2 CUP	21	0	103	2.06	0.37	41.2	103	9.28	1	1.03	5.15	0.0	0.00	0.00
CARROTS BABY OHPA	1/2 CUP	26	0	45	2.00	0.18	20.0	7750	4.5	3	0.5	6.0	0.0	0.00	0.00
CAULIFLOWER RAW MRK GFS 7	1/2 CUP	8	0	22	1.33	0.12	0.0	83	32.0	1	0.0	1.33	0.0	0.00	0.00
32486															
BROCCOLI FRESH GFS OHPA	1/2 cup	15	0	15	1.14	0.32	20.7	274	39.25	0	1.24	2.92	0.16	0.02	0.00
CUCUMBER GFS OHPA	1/2 CUP	7	0	0	0.67	0.24	13.4	134	4.03	1	0.67	1.34	0.0	0.00	0.00
SALAD SIDE GREEN OHPA	1 CUP	14	0	11	0.83	0.30	16.7	1000	5.0	1	0.83	2.5	0.0	0.00	0.00
HUMMUS GRECIAN GFS209902	1/2 cup	265	0	605	7.56	2.72	75.6	19	18.14	4	11.34	30.24	15.12	1.89	0.00
OHPA															
POTATO SWT CND CUT USDA A	1/2 CUP	127	0	38	4.28	1.15	43.1	9014	10.7	10	1.35	30.95	0.34	0.08	0.00
220															
BANANAS RAW OHPA GFS20099	1 EACH	105	0	0	3.00	0.00	0.0	5	9.0	1	1.0	27.0	0.0	0.00	0.00
APPLE GOLDEN DELIC 138 59748	1 EACH	80	0	0	5.00	0.36	0.0	100	4.8	*N/A*	0.0	22.0	0.0	0.00	0.00
APPLE HALF:138 OHPA GFS	1 EACH	40	0	0	2.50	0.18	0.0	50	2.4	8	0.0	11.0	0.0	0.00	0.00
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	*N/A*	1.25	15.66	0.16	0.03	0.00
GRAPES LUNCH BUNCH GFS O	1/2 CUP	90	0	15	1.00	0.00	20.0	0	1.2	*N/A*	0.0	23.0	0.0	0.00	0.00
HPA															
ORANGES MAND L/S 6/10 760621	1/2 CUP	80	0	10	1.00	0.36	0.0	100	6.0	20	0.0	21.0	0.0	0.00	0.00
MILK 1% DEAN/REITER OHPA	MILK	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FF TRUMOO	MILK	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
OHPA															
MILK STRAWBERRY FF TRUMO	MILK	130	5	125	0.00	0.00	300.0	500	1.2	*N/A*	8.0	23.0	0.0	0.00	0.00
O OHPA															
DRESSING RNC FF HV 281811	1 OZ	21	1	248	0.11	0.03	11.0	16	0.05	2	0.28	4.96	0.34	0.17	0.00
DRESSING FRN FF 284321	2 TBSP	31	0	325	0.54	0.05	1.1	57	0.54	8	0.11	8.36	0.02	0.00	0.00
DRESSING IT FF HV 281841	SERVING	26	0	302	0.13	0.04	3.0	13	0.05	2	0.06	6.41	0.01	0.00	0.00
DRESSING MAYO LT 282061	SERVING	50	4	79	0.02	0.02	0.9	7	0.0	1	0.08	3.16	4.18	0.69	0.06

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Planned Menu Spreadsheet

9-12 LUNCH

Portion Values - Detailed

009 - WYNFORD 9-12 LUNCH

Page 41

Generated on: 2/22/2017 2:02:10 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/26/2017															
	2 TBSP														
KETCHUP HUNT GFS 270075	SERVING 2TBSP	40	0	400	0.00	0.00	0.0	40	0.0	8	0.0	10.0	0.0	0.00	0.00
MUSTARD YLW FRE GFS741270	1 TBSP	0	0	165	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
OHPA															
SAUCE HOT 704229	4 TBSP	0	0	2400	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SAUCE BBQ OHPA	1 OZ	30	0	460	0.00	0.72	0.0	100	0.0	5	1.0	6.0	0.0	0.00	0.00
DELI TOMATO SLICED	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DELI ONION RED 596973	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DELI LETTUCE SHRED	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DELI PICKLES	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DELI CHEESE SWISS 269371 1 O	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CHEESE AMERICAN OHCOMM	1 OZ	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		626	42	1798	11.72	4.25	478.7	7902	47.66	*38	28.91	106.85	10.89	3.32	0.01
% of Calories										*24.0%	18.5%	68.2%	15.7%	4.8%	0.0%
Nutrient Guideline		750-850		1420										<10.00	

Weighted Average		570	30	1817	*8.71	*2.89	458.4	16031	39.77	*38	23.08	94.02	11.66	3.50	*0.03
										*60.1%	16.2%	66.0%	18.4%	5.5%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	570		750 - 850	76%		180		Correction Required - Calories are Low
Cholesterol (mg)	30							
Sodium (mg)	1817		1420				397	Correction Required - Sodium too High
Fiber (g)	8.71				Missing			
Iron (mg)	2.89				Missing			
Calcium (mg)	458.4							
Vitamin A (IU)	16031							
Sugars (g)	38	26.69%			Missing			
Vitamin C (mg)	39.77							
Protein (g)	23.08	16.20%						
Carbohydrate (g)	94.02	66.01%						
Total Fat (g)	11.66	18.42%						
Saturated Fat (g)	3.50	5.53%	<10.00%					
Trans Fat ¹ (g)	0.03	0.05%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.